

Criteria

- Aged between 40-74 years
- Registered with a local GP or living in Essex or Suffolk
- Not taking Blood Pressure or Cholesterol tablets (Statins)
- Not known to have Diabetes
- Never suffered a Stroke
- Never suffered a Heart Attack (M.I)
- Not diagnosed with Coronary Heart Disease (CHD) or Heart Failure
- Not diagnosed with Peripheral Arterial Disease (PAD)
- Not diagnosed with Chronic Kidney Disease (CKD)
- Not diagnosed with Atrial Fibrillation (AF)
- Not had an NHS Health Check in the last 5 years

